

No: EDN-U (G-II) Ele-2023-24 MDM Menu 1974
Office of the,
Dy Director Elementary Education Una,
Distt. Una, Himachal Pradesh.
Dated: 30 May, 2023


Office ORDER

This is with reference of the Director Elementary Education HP Shimla office Order No. EDN-H(EE)(6)-4 -28/2022-23 MDM Instructions Dated 24 May,2023 vide which a committee has been constituted under Chairmanship of DDEE Una to decide the Mid Day Meal Menu for schools under PM Poshan Scheme Guideline.

In this context, the meeting was held on dated 29.05.2023 and committee has decided the menu under PM Poshan Scheme for the schools of district una is as under:-

Day Of Week	1st Week	2nd Week	3rd Week	4th Week
Monday	Moong Dal Sabut/ Rice	Mix Dal Washed/ Rice	Moong Dal Sabut +Soya/ Rice	Mix Dal Washed/ Rice
Tuesday	Vegitable+Soya Pulav	Black Grams +Rice	White Grams / Rice	Bajra+Rice+Vegitable Khichadi
Wednesday	Rajma Rice	Moong Dal +Vegitable/ Rice	Veg Lassi Kadi+Rice /Veg Pulav	Potato+ Soya Sabji +Rice
Thursday	Chana Dal +Vegitable Khichadi	Vegitable +Soya Pulav	Bajra(Milets)+Rong(Legumes)+Rice	Spinach/Ghiya +Chana Dal +Rice
Friday	Udad Dal +Rice	Rajma +Rice Or Veg Lassi Kadi+Rice	Black Grams + Udad Dal + Rice	Vegitable +Soya Pulav
Saturday	Black Grams +Rice	Second Saturday	Rajma+ Rong + Soya /Rice	Black Grams

Therefore, you are directed to provide the Hot Cooked Mid Day Meal in your concerned schools as per the menu and display the menu in the bold letters on school wall.



Dy. Director Elementary Education
Una, Distt. Una (HP)

Endst No: Even

Dated Even

Copy to:-

1. The Director Elementary Education HP Shimla for information please.
2. All the Principal/Headmasters/Incharges MDM in GSSS/GHS/GMS of District una for further necessary action.
3. All the BEEO's / BRCC's Primary and Upper Primary of disctrict una for further necessary action.


Dy. Director Elementary Education
Una, Distt. Una(HP)