

No. EDN-U(G-1)Elem.-Sports/ 2024-25/ 3877

Office of the,

Dy Dir. Elementary Education

Una Distt. Una(H.P)

Dated :- 05/10/24

Una, The

Office order

The following officials are here by deputed for the smooth conduct of Distt. Level U-14 (Boys & Girls) Athletic & Cultural Program for the year 2024-25 at the venues and date and directed to report for their duty to the principal GSSS Dhamandri on dated 12.10.2024 (A.N.):-

Distt. Level Athletic & Cultural Programm of under-14 (Boys& Girls), w.e.f. 13.10.2024 to 16.10.2024 at GSSS Dhamandri, Una, Distt. Una, Himachal Pradesh.

Sr. No.	Name of official Sh/ Smt.	Designation	Place of Posting	Duty Assigned
1.	Sh. Dinesh Kaundal	Principal	GSSS Lohara	Judges for cultural
2.	Sh. Naresh Thakur	Principal	GSSS Badehra	Judges for cultural
3.	Sh. Sat Pal Vashisht	Principal	GSSS Bhaderkali	Judges for cultural
4.	Sh. Vias Dev	Principal	GSSS Thathal	Judges for cultural
5.	Sh. Dibag Singh Rana	Principal	GSSS Mubarikpur	Judges for cultural
6.	Sh. Vinod Banyal	Principal	GSSS Amb	Judges for cultural
7.	Sh. Avtar Singh	Headmaster	GHS Kuthiari	Judges for cultural
8.	Sh. Sudhir Gautam	Headmaster	GHS Dhalwari	Judges for cultural
9.	Smt. Vandana Sharma	Music Teacher	GSSS Chalet	Judges for cultural

Co-ordinator Committee

Sr. No	Name of the official & Desi.	Place of posting
1	Sh. Vijay Sandhu, PET	GSSS Dharmshala Mahantan Co-ordinator
2.	Sh. Surinder Singh, PET	Asstt. Co-ordinator
		GSSS Bharwain Prade Commander
3	Sh. Rakesh Kumar PET	GSSS Sanhal Asstt. Prade Commander
Track Duty		
1	Sh. Hosiar Singh, PET	GSSS Sanoli Conv.
2	Sh. Vikas Dadwal DPE	GSSS Mawa Sindhian
3	Sh. Mahesh Kumar DPE	GSSS Dhusara
4	Sh. Tarsem Lal, PET	GSSS Ispur
5	Sh. Anil Kumari, PET	GHS Basal(L)
6	Sh.Joginder Kumar PET	GHS Tanoh
7	Sh. Ashok Kumar, DPE	GSSS Thanakalan
8	Sh. Chaman Lal PET	GHS Bhera
9	Sh. Ajay Kumar PET	GSSS Nangran
10	Sh. Pawan Kumar, PET	GSSS Hatli
11	Sh. Sandeep Kumar PET	GMS Bhaloh
12	Smt. Veena Devi PET	GHS Kuthiari
13	Smt. Sushma Kumari, PET	GMS Tyasar U/c GSSS Lathiani
Shot Put		
1	Sh. Rakesh Kumar, PET	GSSS Dhamandri Conv.
2	Sh. Sanjay Vashisth DPE	GBSSS Una

3	Sh. Atul Kumar, PET	GSSS Panjavar	
4	Sh. Dev Guru, PET	GHS Chhattarpur	
5	Sh. Gurdeep Singh PET	GMS Kudet	
6	Sh. Harish Kumar, PET	GSSS Khad	
7	Sh. Raj Kumar, PET	GSSS Bangana	
8	Sh. Anil Kumar, PET	GSSS Saroh	
9	Sh. Ajit Kumar, PET	GHS Kot	
10	Sh. Parvinder Singh PET	GMS Khanpur	

Discuss Throw

1	Sh. Rohit Kalia, PET	GSSS Sasan	Conv.
2	Sh. Ashwani Kumar, PET	GMS Chalet	
3	Smt. Vandna, PET	GSSS Gindpur Malaun	
4	Smt. Sunanda Thakur, PET	GSSS Pirthipur	
5	Smt. Minakshi Sharma, PET	GHS Panoh	
6	Sh. Pardeep Kumar PET	GMS Pubowal	
7	Sh. Sanjeev Kumar PET	GSSS Piploo	
8	Sh. Sandeep Kumar PET	GSSS Ambehra	
9	Sh. Ajay Singh PET	GMS Chowar	
10	Sh. Sanjeev Kumar PET	GSSS Mandli	
11	Sh. Satpal Kumar PET	GSSS Bhadsali	
12	Sh. Parveen Sahgal PET	GSSS Badehra Rajputtan	
13	Sh. Onkar Singh PET	GHS Pandoga	

High Jump

1	Sh. Kulwant Singh PET	GSSS Basdehra	Conv.
2	Sh. Om Parkash, PET	GMS Tatehra	
3	Sh. Sumit Sharma, PET	GSSS Oel	
4	Sh. Parveen Sehgal, PET	GMS Loharli	
5	Sh. Ashok Kumar PET	GSSS Jowar	
6	Sh. Heera Lal PET	GSSS Kuneran	
7	Sh. Satnam Singh, PET	GMS Chandpur	
8	Smt. Arti Devi, PET	GHS Baduhi	
9	Sh. Manjeet Kumar DPE	GSSS Gondpur Bulla	
10	Sh. Rampal, DPE	GSSS Bathu	
11	Sh. Karam Chand DPE	GSSS Beetan	
12	Sh. Raman Kumar DPE	GSSS Rora	
13	Sh. Rishu Verma PET	GHS Bane Di Hatti	

Long Jump

1	Sh. Desh Raj, PET	GSSS Dangoli	Conv.
2	Sh. Vijay Kumar, PET	GMS Saloh	
3	Sh. Manjit Kumar, PET	GSSS Dhakki	
4	Sh. Raman Kumar, PET	GMS Lalhri(L)	
5	Sh. Ashok Kumar PET	GSSS Baliwal	
6	Sh. Rajinder Kumar PET	GSSS Dhundla	
8	Sh, Sandeep Negi PET	GSSS Jakhera	
9	Sh. Mukesh Kumar PET	GSSS Lohara	
10	Sh. Vishal Kumar PET	GSSS Chhetran	
11	Sh. Vinod Kumar PET	GSSS Nangal Khurd	

12	Sh. Parmjeet Singh PET	GSSS Heeran
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Yoga

Sr. No.	Name & Designation of officials	Place of Posting
1	Sh. Parveen Kumar DPE	GGSSS Santoshgarh
2	Sh. Vipam Kumar PET	GHS Jankaur
3	Sh. Parveen Kumar PET	GSSS Loharli
4	Sh. Munish Rana DPE	GSSS Behdala
5	Sh. Bhasham Pal DPE	GSSS Jakhera
6	Sh. Vishal Saini PET	GGSSS Santoshgarh
7	Sh. Rakesh Kumar PET	GMS Nagarwala

Chess

Sr. No.	Name & Designation of officials	Place of Posting
1	Sh. Parveen Kumar PET	GSSS Loharli
2	Sh. Pawan Kumar PET	GSSS Hatli
3	Sh. Joginder Kumar PET	GHS Tanoh
4	Sh. Surinder Kumar DPE	GSSS Takoli
5	Sh. Shamsher Singh DPE	GSSS Basdehra
6	Sh. Ashwani Kumar DPE	GSSS Dehlan

Wrestling

Sr. No.	Name & Designation of officials	Place of Posting
1	Sh. Mahesh Kumar, DPE	GSSS Dhusara Conv.
2	Sh. Ranjodh Singh PET	GSSS Nangal Jarialan
3	Sh. Ashwani Kumar DPE	GSSS Chururu
4	Sh. Ajay Kalia, DPE	GSSS Ghangret
5	Sh. Charanjit PET	GSSS Chururu

Office Work Team

Sr. No	Name of the official & Desi.	Place of posting
1	Sh. Vijay Sandhu PET	GSSS Dharmshala Mahantan
2	Sh. Sanjeev Kumar, PET	GSSS Chaukimanar
3	Sh. Sanjeev Kumar PET	GSSS Amb
4	Sh. Surjit Singh PET	GSSS Saloli
5	Sh. Harish Kalia, DPE	GSSS Chintpurni

Press Reporting Team

Sr. No	Name of the official & Desi.	Place of posting
1	Sh. Sanjeev Kumar PET	GSSS Amb
2	Sh. Manmohan Singh PET	GHS Mairi

SCHEDULE FOR CULTURAL PROGRAMME:-

Sr	Subject	No. Of Participants and Time
1	Declamation	One (Boy or Girl) 5 to 7 Min.
2	Solo Song	Three Boys or Three Girls 4 to 6 Min.

3	One act play	Maximum 10	15 to 20 Min.
4	Group Song	Maximum 12	5 to 7 Min.
5	Folk Dance	Maximum 18	10 to 12 Min.


Topics of the declamation:-

Sr.No.	Topic
1	हिमाचल प्रदेश के विद्यालयों में शिक्षा की गुणवत्ता में सुधार कैसे हो।
2	नैतिक मूल्यों के उत्थान में शिक्षक की भूमिका।
3	वर्तमान परिपेक्ष में बच्चों में मोबाइल फोन की लत और उसके दुष्प्रभाव।

Himachal Pradesh Athletics minimum qualifying standard for U-14 Boys/Girls session 2024-25.

Event	Boys	Girls
100 m	14 s	17 s
200 m	30 s	36 s
400 m	1.04 s	1.16 s
600 m	1.40 s	1.58 s
Long Jump	4.25 m	3.50 m
High Jump	1.50 m	1.20 m
Shotput	09 m	07 m
Discus Throw	25 m	16m
4x100 m relay	1.10 s	1.20 s

All the member of DESSA will present on Distt. Tournament and will be responsible for the smooth conduct of the sports. All the officials will report at venues one day before beginning the tournaments to chalk out the further program as per schedule. Maximum two players participate in one event from each school.



Dy. Director Elementary Education
Una Distt Una (HP)

Dated: Even

Endst. No. Even

Copy to:-

1. The Dy. Director Higher Education Una Distt. Una for information please.
2. All the Principals/Headmaster, GSSS/ GHS/ GMS Distt. Una for information and are request to relieve the official well in time.
3. The official concerned to compliance.


Dy. Director Elementary Education
Una Distt Una (HP)